# Spatial abilities and Mathematics; from the lab to the classroom

Prof. Emily Farran University of Surrey 10<sup>th</sup> July 2025





# Spatial Abilities

### Spatial abilities provide one with the ability to:

- Understand the location and shape of objects and the relations between them.
- Visualise: mentally represent and manipulate objects (including parts and wholes)
- Use tools to spatialise thought (e.g. language, graphs, maps)

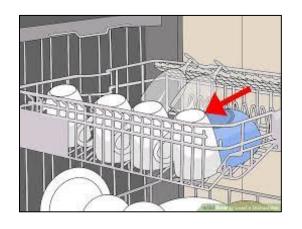






photo by Alan Levine



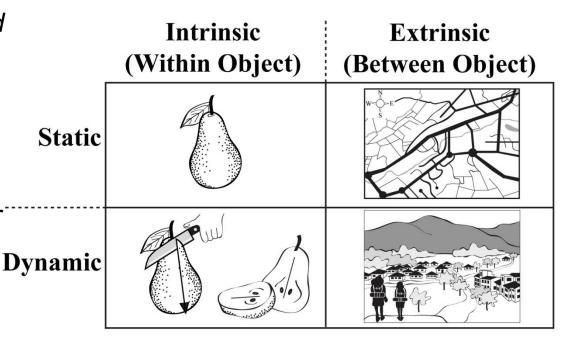


# Defining spatial abilities

"Any kind of action in a spatial world is in some sense spatial functioning, and hence can sensibly be called spatial cognition".

Intrinsic: the structure of objects, their parts and the relationship between these parts.

Extrinsic: the location of an object, relationships between objects, the position of objects viewed from different perspectives.



(Uttal et al., 2013; Newcombe & Shipley, 2013)



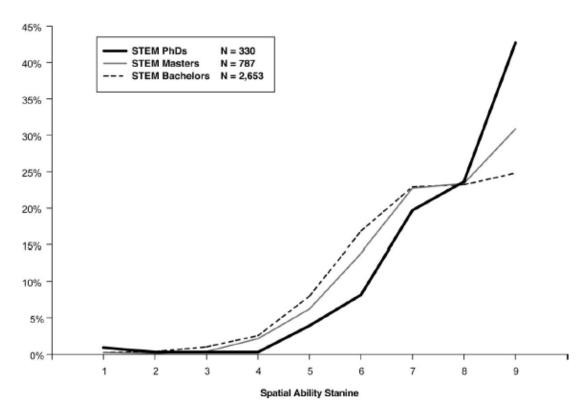


Figure 7. This figure includes the proportion of each degree group (bachelors, masters, and PHDs) as a function of spatial ability. Along the x-axis are the spatial ability stanines (numbered 1 through 9). STEM = science, technology, engineering, and mathematics.

Data from 400,000 randomly sampled students in the USA (Wai, Lubinski & Benbow, 2009)

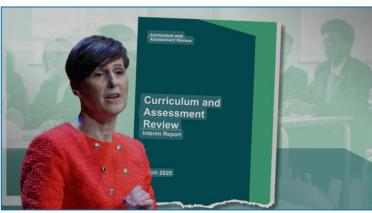


- » £1.5bn in losses are reported per year due to STEM skills shortages
  (IET report 2021).
- Employment revolution has seen an increase in the use of data across careers (Royal Society, 2023).
- » Reasoning and problem solving are key skills valued by employers (Maths Horizons, 2025).
- » Global demand for STEM solutions (United Nations, 2018).
- » Labour government missions.

Goal: Increase the number of people going into, and remaining in, STEM careers.

# Break down barriers to opportunity







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effective when the spatial training includes physical manipulatives (Hawes et al., 2022).

The contribution of spatial ability to mathematics

Department of Psychology and Human Development, UCL Institute of Education, University College London, 25. Woburn

achievement in middle childhood

Square, London WC1H 0AA, UK

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DOI: 10.1111/cdev.13963

REGISTERED REPORT

spatial training



CHILD DEVELOPMENT



CrossMark

Received: 20 March 2018 | Accepted: 26 November 2018

DOI: 10.1111/desc.12786

PAPER

The developmental relations between spatial cognition and mathematics in primary school children

Katie A. Gilligan<sup>1,2,3</sup> | Alex Hodgkiss<sup>2,3,4</sup> | Michael S. C. Thomas<sup>3,5</sup> | Emily K. Farran<sup>1,2,3</sup> |

Journal of Intelligence

Received: 20 March 2018 | Accepted: 26 November 2018

MILEY

Developmental Science 

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Received: 20 March 2018 | Mile A. Gilligan-Lee 1,2,4,0, Elian Fink 3,0, Lewis Jerrom 4, Megan P. Davies 4, Caoimhe Dempsey 5,0, et Hughes 5,0 and Emily K. Farran 2,4

Emily K. Farran<sup>2,3</sup> | Kelly S. Mix<sup>5</sup> |

Reimagining Mathematics: The Role of Mental Imagery in Explaining Mathematical Calculation Skills in Childhood Kathryn E. Bates 10, Katle Gilligan-Les 20, and Emily K. Farran 20

Hands-On: Investigating the role of physical manipulatives in

Katie A. Gilligan-Lee<sup>1,2,3</sup> | Zachary C. K. Hawes<sup>4</sup> | Ashley Y. Williams<sup>2</sup> |

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Katie A. Gilligan<sup>1,2</sup> | Michael S. C. Thomas<sup>3</sup> | Emily K. Farran<sup>1,2</sup>

Spatial ability as a gateway to STEM success

Written by: Emily Farran

Published on: May 16, 2019



- » Strong spatial abilities:
  - more likely to be interested in science and maths
  - more likely to choose degrees in STEM subjects
  - more likely to be good at STEM research / STEM careers
- Spatial abilities can be trained
  - "...would early attention to developing children's spatial thinking increase their achievement in math and science and even nudge them towards STEM careers? Recent research on teaching spatial thinking suggests the answer may be yes" (Newcombe, 2010)





### Spatial reasoning and the mathematics curriculum

- » EYFS 2021: Shape, Space and Measure early learning goal removed.
- » Geometry is often not prioritised (Ofsted, 2023).
- » Geometry is underspecified; lacks visualisation, a key aspect of spatial reasoning.

### Recent Policy documents:

- » Ofsted 2024 Best start in life. Part 3: "Understanding both number and spatial reasoning is crucial to later achievement"
- » Royal Society Mathematical Futures (2024): "there should be greater emphasis on conceptual understanding and a stronger focus on spatial reasoning"
- » Maths Horizons executive overview (2025): "[Curriculum] often neglects the purpose, progression and "habits of thinking" that underpin [content], such as spatial reasoning, argument, interpretation and critique."
- » Maths Horizons full report (2025): "...spatial reasoning is a powerful but under-utilised foundation for mathematical learning with broad benefits for maths, including geometry, measures, number, algebra and statistics."

# Spatial abilities and mathematics: BLOCs

https://www.surrey.ac.uk/block-construction-skills-mathematics-blocs

Funded by the Leverhulme Trust

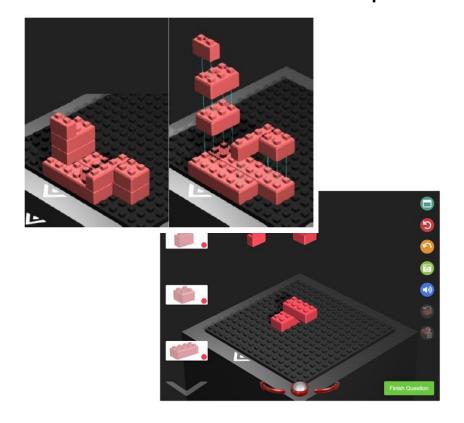
McDougal, Silverstein, Treleaven, Jerrom, Gilligan-Lee, Gilmore & Farran (2023a) https://doi.org/10.31234/osf.io/5hvpx

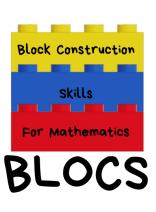




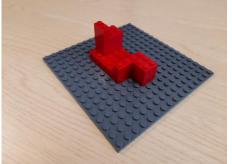
### Phase 1: Associations

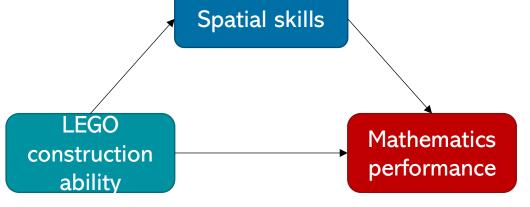
To what extent do spatial abilities explain the relationship between LEGO construction and mathematics performance in 7- to 9-year-olds?











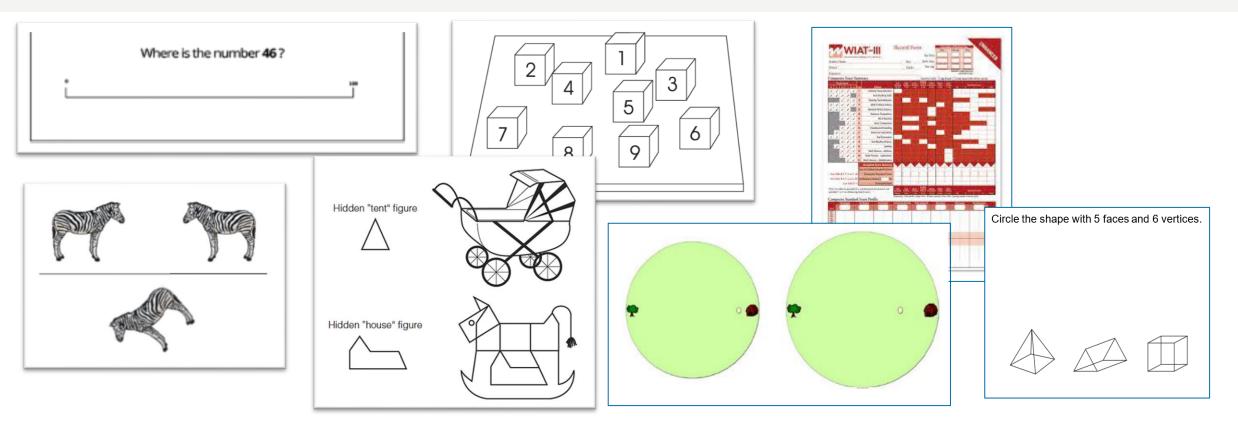








Emily McDougal

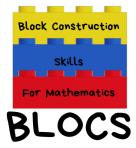


- Strong and consistent relationship between Lego construction ability and maths competence (numeracy, geometry and mathematics problem solving).
- Mediated by disembedding, spatial-numerical representation, mental rotation, visuo-spatial working memory

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McDougal, Silverstein, Jerrom, Gilligan-Lee, Gilmore & Farran (2023b). https://doi.org/10.1111/desc.13432

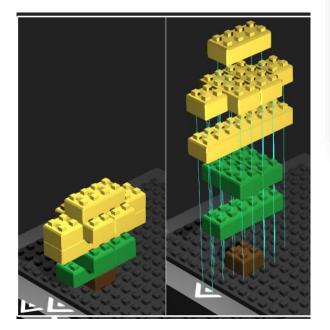








- 1. Does physical and digital Lego training positively impact spatial and mathematical skills?
- 2. Do physical and digital Lego training have different effects on the spatial and mathematical skills measured?

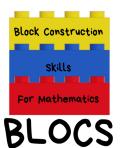






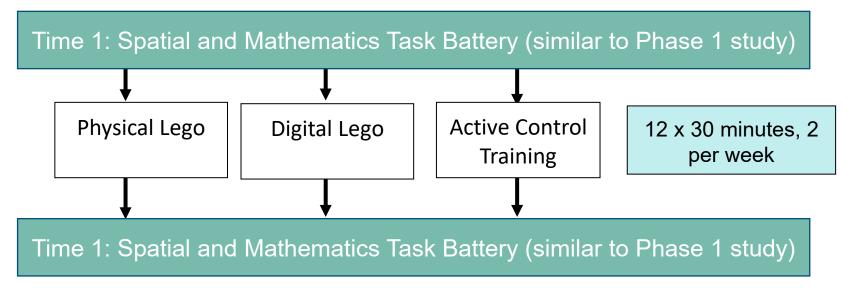
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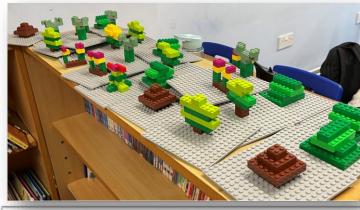






- » Piloted with children and teachers
- » Participants: N= 206, 7 to 9 years
- » Intervention delivered by school staff: lunchtime club.
- » Staff support: training, manual, weekly visit from a researcher.
- » Story theme/ week (scientists, pirates, explorers, aliens, superheroes, spies).





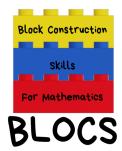


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McDougal, Silverstein, Jerrom, Gilligan-Lee, Gilmore & Farran (2023b). https://doi.org/10.1111/desc.13432









### Lego intervention (physical)

- » Children watch 2 min video and are given a booklet of 8 models to build (pictorial instructions) and 8 wallets of brick sets. Children work individually.
- » For each model, the booklet displays the finished model and an exploded diagram of the model, and a tick box page for children to tick as they complete models.

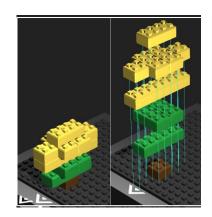
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### Lego intervention (digital)

» As above, but pre-session on how to use the digital game and models are built digitally

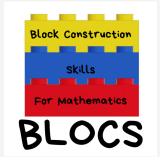
### **Active control**

» Two craft activities per session

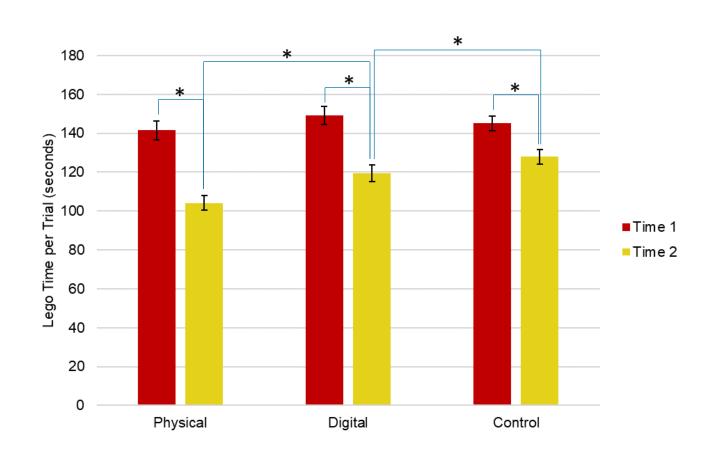




### Near transfer: Lego construction







Accuracy

No difference between groups:

$$F(2, 179) = .69, p = .501$$

Improvement in all three groups

RT

Performance significantly differed between training groups:

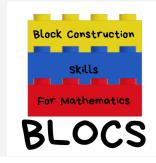
$$F(2, 178) = 12.66, p < .001$$

Physical > Control

Digital > Control

Physical > Digital

Improvement in all three groups





### Medium transfer: Spatial measures

Visuo-spatial working memory: **No difference** between groups: F (2, 185) = .61, p = .55 No within-group differences

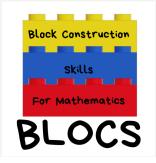
Spatial scaling: **No difference** between groups: F(2, 189) = .15, p = .86 No within-group differences

Number line estimation: **No difference** between groups: F(2, 190) = .61, p = .55 No within-group differences

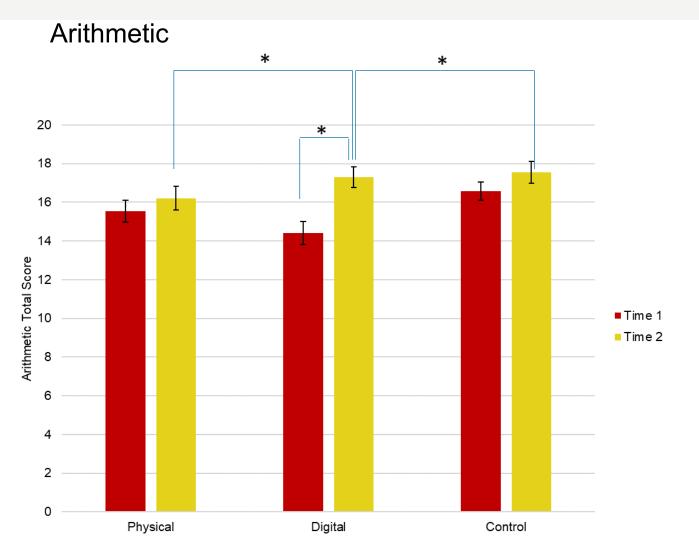
Mental rotation: **No difference** between groups: F(2, 179) = .87, p = .42 Improvement in mental rotation scores for digital group only

Disembedding: **No difference** between groups: F(2, 189) = 2.37, p = .096 Improvement in all three groups









### **Arithmetic**

Performance significantly differed between training groups:

$$F(2, 172) = 8.15, p < .001, \eta_p^2 = .087$$

Digital > Physical

Digital > Control

Improvement in digital group

### **Geometry**

No difference between groups:

$$F(2, 185) = .45, p = .64$$

### **Overall mathematics**

No difference between groups:

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$$F(2, 177) = .04, p = .958$$

https://www.surrey.ac.uk/block-construction-skills-mathematics-blocs

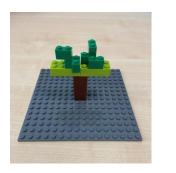
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Block Construction
Skills
For Mathematics
BLOCS



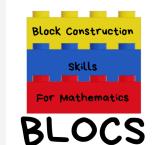
- » Associations existed (replication of McDougal et al., 2023).
- » Lego construction training: Evidence for near transfer (Lego construction ability) and far transfer (arithmetic)
- » Far transfer for digital Lego only:
  - Digital training supports general reasoning development (children formed and held mental representations)
  - Do children rely more on the numerical properties of digital bricks (counting and multiplying pips) when digital, but use size estimation for physical bricks?







### Feedback from BLOCs teachers





"I think they really enjoyed having the theme to each week. I think that made it a

bit more exciting."

"They love structure ... They love how they know exactly what to do"

"[it was challenging] being just me and not having somebody maybe like kind of rounding them up."

"They just love Lego", "I think that's the part they all like about Lego, making, doing the designs" "And [the researcher] was in every so often, so I could still have that communication and chat with her or be like, 'oh we need more of this' ... it just felt like it was definitely more, I don't know what the word is, but like a joint thing, rather than just being left on our own to run it and then handing it all over at the end."

"they were like,
'can I go?' And it
was like, well, I
can't actually
force you to be
here"

"I think that's hard then when you do it in their break times. It's kind of like a double-edged sword of, it's fun, but they want that kind of 'this is my time to do what I want'."

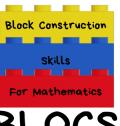
"Knowing who it was, it wasn't really the type of thing that I thought he would be kind of interested in"

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# Conclusions: Why were training effects limited?

- » Isolated training, rather than embedded training (Hawes et al., 2023).
- » Programme deliberately designed to not explicitly reference spatial or mathematical constructs.
  - Implicit training of mechanisms
  - Children did not receive explicit spatial instruction, e.g., teacher prompts: "try turning the brick in your head".
  - Teachers had limited understanding of the evidence base for the training: negative impact on motivation and engagement to deliver BLOCs?
- » Lunchtime club to reduce burden on school curricula: high attrition rate (self-selected sample who already engage in Lego).
- » Control intervention has spatial elements













# SPACE (SPAtial Cognition to Enhance mathematical learning) feasibility trial funded by the Education Endowment Foundation Farran, Gilligan-Lee, Mareschal, Zivkovik, Bartusevica, Bell, Jay, Gilmore (2025). Mind, Brain and Education





Key areas maintained

- » Use of teacher feedback and piloting during development phase
- » Use of a weekly story theme
- » 6-week length (12 session dosage)
- » Feasibility and monitoring checks
  - session timings, engagement, classroom space, delivery at group level, session registers, model tick boxes
- » Positive relationship with the school and teachers weekly check-ins
- » Consistent structure (but remain flexible to real-world challenges)
  - Comprehensive intervention manual and teacher scripts and class videos

















# SPACE (SPAtial Cognition to Enhance mathematical learning) feasibility trial funded by the Education Endowment Foundation Farran, Gilligan-Lee, Mareschal, Zivkovik, Bartusevica, Bell, Jay, Gilmore (2025). Mind, Brain and Education





Key areas of change

- » Extended Professional Development (PD) for teachers (importance of teacher awareness, agency and confidence).
- » Explicit rather than implicit focus on spatial strategies via prompt cards and PD.
- » Increased diversity in the sample.
- Embedding the programme within the maths lesson, with explicit links to maths as part of PD.
- » Reduce Lego volume (for scale-up)
- » Funder requests
  - Teacher-led whole-class assessment development
  - Age 6 to 7 years





















# SPACE (SPAtial Cognition to Enhance mathematical learning)





feasibility trial funded by the Education Endowment Foundation

Farran, Gilligan-Lee, Mareschal, Zivkovik, Bartusevica, Bell, Jay, Gilmore (2025). Mind, Brain and Education

Does Lego training positively impact spatial and mathematical skills?

- » Participants: N=409 SPACE; N=104 Business-As-Usual control. 6 to 7 years.
- » 6-week (12 sessions) whole-class Lego training, delivered by the classroom teacher during maths time.
- » Teacher support:
  - Half-day professional development (PD) (importance of teacher awareness, agency and confidence).
  - SPACE Resources
  - Weekly check-ins with researcher







# SPACE (SPAtial Cognition to Enhance mathematical learning)



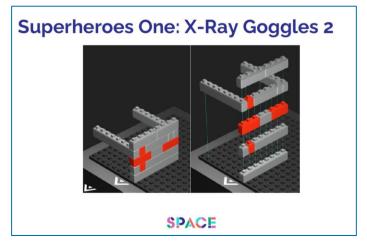


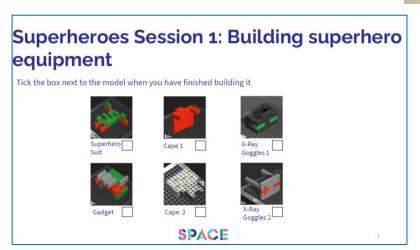
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Does Lego training positively impact spatial and mathematical skills?

### SPACE sessions

- » 6 models to build (pictorial instructions) per session. Children work individually.
- » For each model, the booklet displays the finished model and an exploded diagram of the model, and a tick box page for children to tick as they complete models.
- » Teachers prompt spatial strategy use and spatial language.





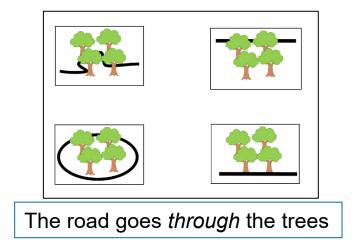


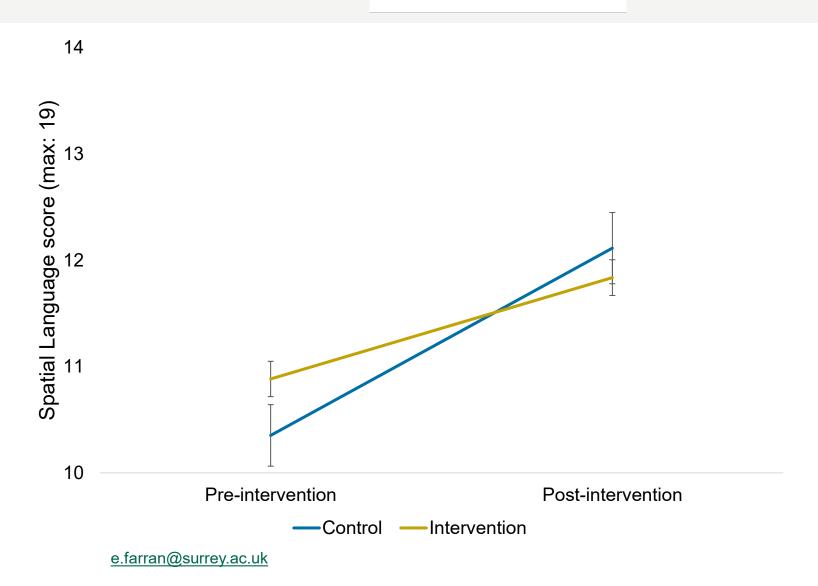






» Spatial language did not change as a result of SPACE training (p>.05).



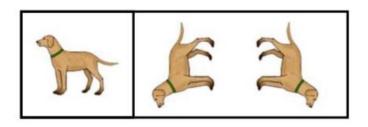


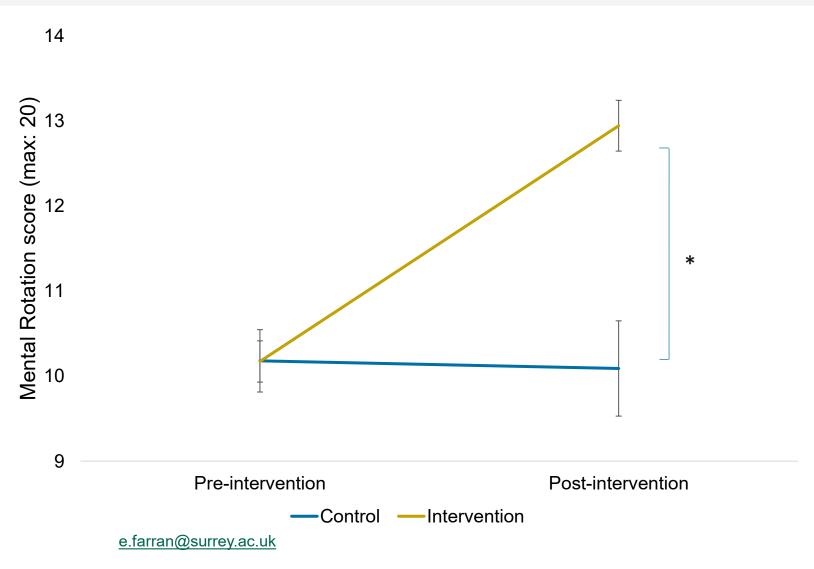
# SPACE findings: spatial ability (mental rotation)





» Significant improvement in mental rotation as a result of SPACE training: p<.001</p>



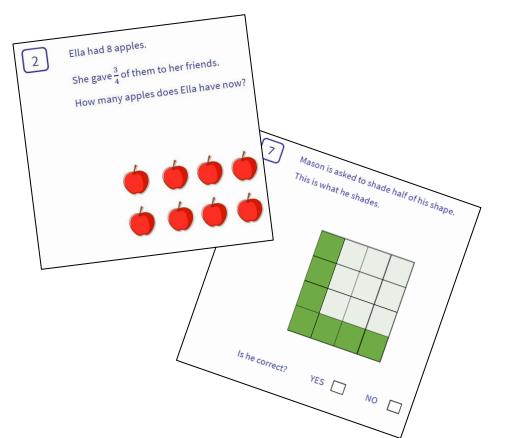


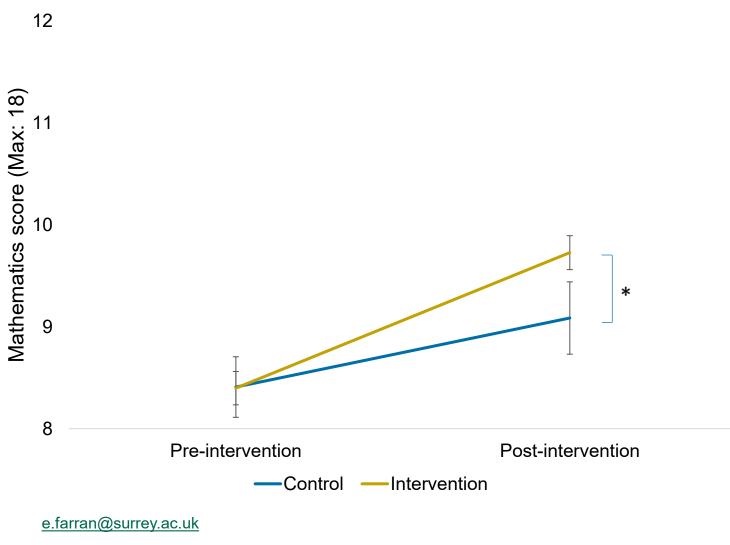






» Significant improvement in mathematics as a result of SPACE training: p=.039







# SPACE findings: Inclusion



- » Increased resilience and perseverance
- » Inclusion:
  - "some children otherwise identified as having lower abilities found that they could quickly grasp the concept"
  - "children with English as an Additional Language (EAL) enjoyed the visual instructions and revealed an aptitude that they had not previously been able to express."

(independent evaluation report)

### Breaking down barriers to opportunity

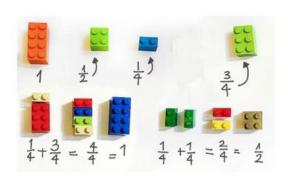
» Could spatial training be used to close attainment gaps? Children from "left behind groups" show more benefit from spatial training and a spatialised curriculum than their peers (Bower et al., 2020b; 2021; Schmitt et al., 2018).



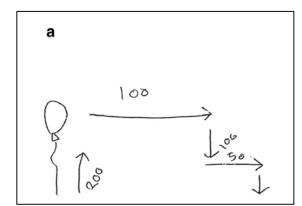


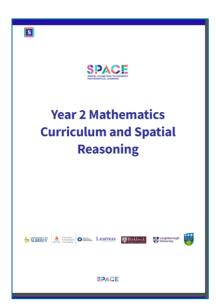
### **SPACE** conclusions

- Classroom opportunities to engage in spatial reasoning are an effective activity for mathematics improvement.
- Spatialising the mathematics curriculum by emphasising thinking and working spatially has broad benefits for mathematics, including geometry, measures, number, algebra and statistics.
- Professional development, guidance and resources are needed to support a spatialised mathematics curriculum (Bates et al., 2022; Gripton et al., 2025).









# Development of the Spatial Reasoning toolkit CIILDIOOD SURREY





- » Supported by ESRC Impact Accelerator Account at the University of Surrey, and the Centre for Educational Neuroscience.
- » Based on a growing body of research into the importance of spatial reasoning for mathematics
- » Birth to 7 years
- » Shaped by practitioner input via an online questionnaire and series of focus groups (birth to 4 and 4-7).





















### Practitioner's Perspectives

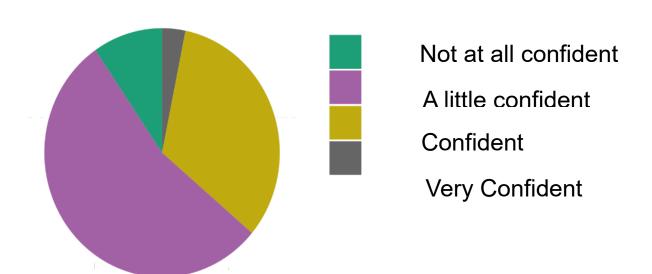
Bates, Williams, Gilligan-Lee, Gripton, Lancaster, Williams, Borthwick, Gifford, Farran (2023) https://doi.org/10.31234/osf.io/m8nfv





Kathryn Bates

»If you were asked to explain what spatial reasoning is to someone else, how confident would you be in your definition?



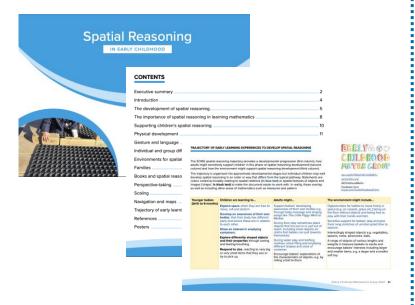
### The Spatial Reasoning Toolkit (SRT)

www.earlymaths.org/spatial-reasoning





# Research Summary and Development Trajectory

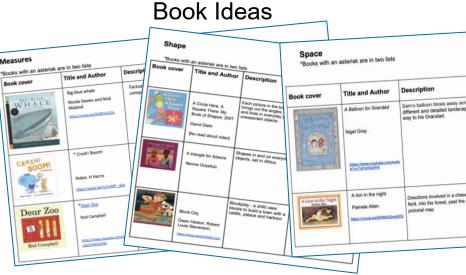




### **Posters**







### Keyrings



(Gifford et al., 2022)

# ERRLY SOP

Spatial Reasoning Toolkit guidance document, keyrings, and posters - hard copies now available to pre-order



**Pre-Order Now** 



Hard copies sold in partnership with



# The trajectory for spatial reasoning development



### Spatial relations

Spatial objects and images

7 approximate age bands:

Younger babies

Older babies

**Toddlers** 

2 year olds

3 year olds

4&5 year olds

6&7 year olds

3 year olds	Children are learning to	Adults might	The environment might include
	and common shape names (e.g. circle,	Encourage children to select blocks for	Lightboxes for silhouette play.
	Partition and combine shapes to make new shapes with 2D and 3D shapes (e.g. cutting 'square' sandwiches into different shapes, putting blocks together to make a 'floor').  Create arches and enclosures when building, using trial and improvement to select blocks.	specific purposes when building, e.g. "What will we use for the elephants trunk?"  Offer an appropriate or inappropriate shape for what you think the child's purpose might be (to investigate their thinking).  Value children's constructions (e.g. helping to display them or taking photos of them) and talk about how the shapes have combined to make new shapes.  Sensitively support and challenge experienced builders to make specific structures e.g. bridges and rooms.  Offer choices "Would you like one of	Books and props for traditional tales involving ordering and size, e.g. <i>The Three Billy Goats Gruff, Goldilocks</i> and <i>The Enormous Turnip</i> .  Large and small blocks and boxes availab for construction both indoors and outdoor e.g. for making entrances, bridges, walls and dens.
4 and 5 year olds	Children are learning to	these or one of these next?".  Adults might	The environment might include
	Understand relative position, such as between, in front of, behind, before and after (where the position is in relation to other things, e.g. in front of the house or behind the wall).	In everyday play and routines, encourage children to describe position and give directions, e.g. in small world play, when following pathways or creating obstacle courses.	Controllable and programmable toys, with simple routes and obstacles to negotiate.
			Small mirrors for exploring reflection. Provide toys, pictures and pen/paper for experimentation.
	Follow and give directions, e.g. forwards, backwards, sideways, and left and right turns when accompanied by gestures.	Play 'barrier games' where you give instructions to a partner to 'make it the same', with an identical set of objects. Begin without a barrier (copying) then introduce one when they become proficient.	Toys or packaging to create marble runs, predicting the path of the marble/ball and solving problems in the marble run design
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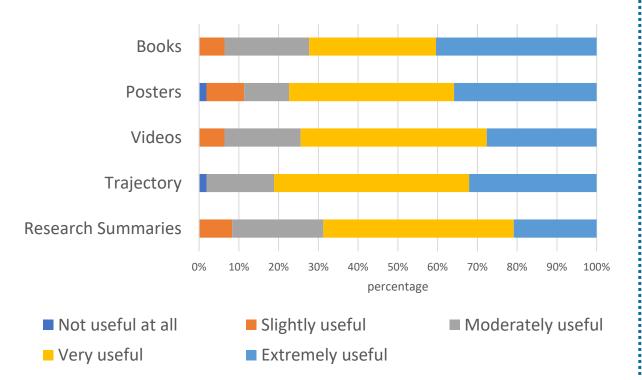


### Use and Impact of the Spatial Reasoning Toolkit

Farran et al. (2024)

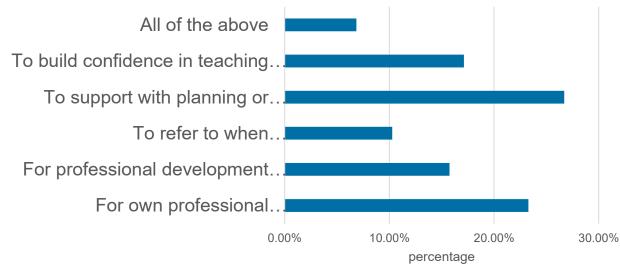
- On average, participants found the SRT to be 'very useful' on a scale of 1 (not at all useful) to 5 (extremely useful)
- The Trajectory was rated the most useful resource

#### **Practitioner Rating of the Usefulness of Spatial Reasoning Toolkit components**



- » Main use of SRT "To support planning or making choices about provision"
- » Practitioners who had not used the toolkit reported 'lack of time' as a barrier to use.

#### How Do you Use the Spatial Reasoning Toolkit in Your Practice?



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# Use and Impact of the Spatial Reasoning Toolkit

- The Toolkit has been adopted for inclusion in the early years and primary teacher training pathways by Teach First, a teacher-training organisation focused on providing excellent teachers in disadvantaged areas.
- The National Centre for Excellence in the Teaching of Mathematics (NCETM), has included the Toolkit in the spatial reasoning training pathway for primary school teachers in England across 40 regionally based maths hubs, to date 1690 practitioners have received the training.
- » The Toolkit was used as a training tool for practitioners in the SPACE research project
- » Royal Society primary and early years expert panel perspective: spatial reasoning
- » "Bright beginnings" curriculum



### Use of the Spatial Reasoning Toolkit in Action







Practitioners in a large urban orimary school used the Spatial Reasoning Toolkit to design a focus week on spatial reasoning for Year Two pupils. Spatial Wee ran in the Summer Term. Spatial reasoning activities were incorporated into many

parts of the school day across different subjects.

The days started with spatial language games such as 'Teacher Says' asking the children to draw shapes in certain orientations and in relation to other shapes. In P.E., children created obstacle courses and completed them being supported with spatial language. In geography, children navigated the school grounds to locate items and drew maps. In maths, nets were used to



iring reading, books relating shapes, space and measures vere used to support children's nderstanding of spatial reasoning oncepts. In choosing time, jigsaw uzzles allowed pupils to practice

mental rotation. All the activities were engaging and fun and provided a contrast to desk-based learning. The result from just one week of focused spatial reasoning training was a significant improvement in children's spatial language skills. An added benefit was the social development opportunity provided by these team-based,

predominantly child-led activities. Practitioners have now incorporated many of these ideas into their curriculum planning for Year Two.

#### Spatial reasoning integrated into the curriculum.



In a small, coastal primary school the Spatial Reasoning Toolkit facilitated a strategic decision to embed spatial easoning objectives into the Key Stage One maths curriculum. Staff took time o explore the content in the research summaries and learning trajectory to understand what spatial reasoning encompassed. The videos were used for staff training and prompted

discussions about how to introduce spatial reasoning into lessons. The posters were used on classroom walls to provide spatial reasoning ideas and language prompts to support practitioners in teaching moments. Similarly, in Early Years, spatial reasoning objectives were extended in the medium-term maths planning. Continuous provision now incorporates elements of spatial reasoning to support the relevant development steps.



Reception, books, such as Rosie's Walk, have been used as a base for teaching a range of spatial skills across a whole week. opics such as perspective taking ave allowed children to consider bjects and places from different riewpoints and develop their

prepositional language skills. As a result of this work, practitioners have an increased understanding and awareness of the importance of spatial reasoning and how teacher-led and

continuous provision environments can support it. One of the biggest impacts for children has been an increased comprehension of spatial language and their ability to use it in the appropriate context.

Trajectory for spatial reasoning development (7 to 11 years) and spatial reasoning progression



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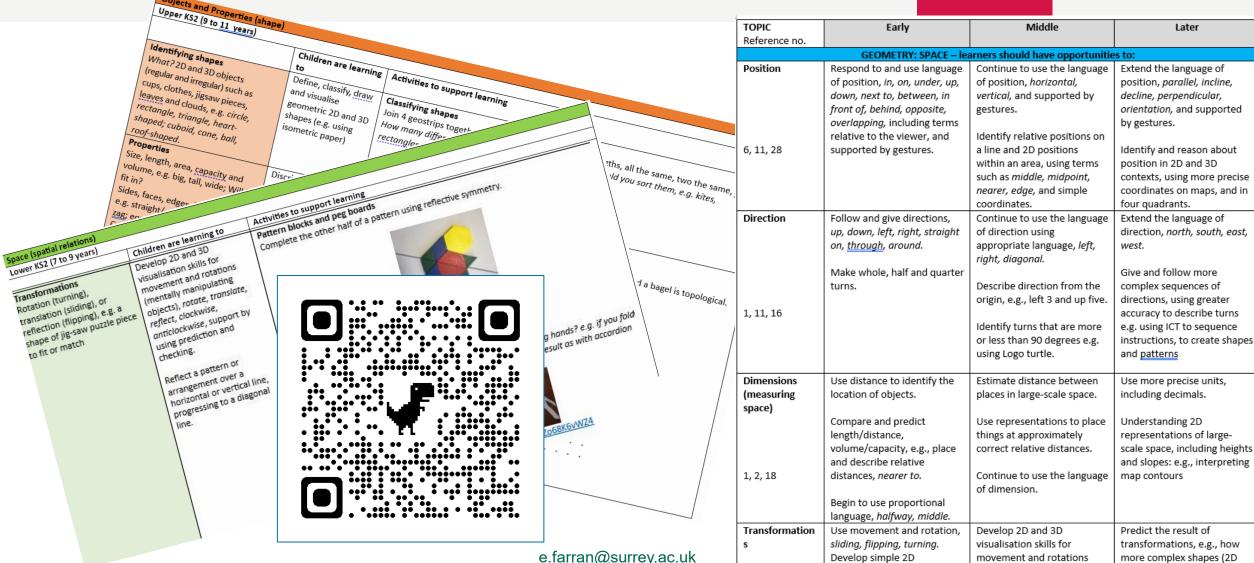
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### Take home message: spatial skills are important

We need to equip the next generation to meet the heightened demands for critical thinking, problem solving and data use brought about by technological and Al-enabled change.

Teaching children to think and work spatially:

- » Is an evidence-based, inclusive route to achieving this goal.
- » Does not require additional activities existing content can be spatialised.



The Value of Spatial Reasoning in the Curriculum

#### What is spatial reasoning?

Spatial reasoning is the *ability to understand the spatial properties of objects* such as their size and location, and to visualise objects and problems in the mind.

Visualisation has been compared to having a mental blackboard and is extremely useful for mathematical problem solving, particularly non-routine problems and mathematical word problems.

Spatial Reasoning has real world relevance. For example, timetables and graphs are spatial representations of data, right through to reading a map, packing a bag or building flatpack furniture.



#### Why is spatial reasoning so important?



Spatial reasoning has the potential to reinvigorate the way we teach children ALL kinds of subjects in the curriculum, and improve mathematical understanding, attitudes, and attainment.



There is a large body of research showing that children with good spatial reasoning skills are also better at mathematics.



Spatial reasoning can be trained, and spatial training has a positive impact on both spatial ability and mathematics attainment.

Research has shown that spatial training is particularly helpful in closing attainment gaps. This is likely because children from economically disadvantaged backgrounds typically have lower spatial skills, lower spatial language and reduced access to spatial toys.



For more information about how to u spatial reasoning in the maths curricu



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